

• gridlas

FREE EXECUTIVE SUMMARY

# POWERING AI

## The U.S. Data Center Buildout Report • 2026

Inside: the 8 findings, the one chart that explains the AI power crunch, and a preview of the regional race.

Full 35-page report + dataset -> [gridlas.com](https://gridlas.com)

# Electricity became AI's hardest constraint

U.S. data centers consumed 4.4% of the nation's electricity in 2023 — projected to reach 6.7% to 12% by 2028 (Lawrence Berkeley National Laboratory), more than doubling as AI scales. Compute is built in months; new power and transmission take four-plus years to clear interconnection. This report maps where that collision is happening — and who wins.

## 226 GW queued in Texas — 77% data centers.

### The 8 findings

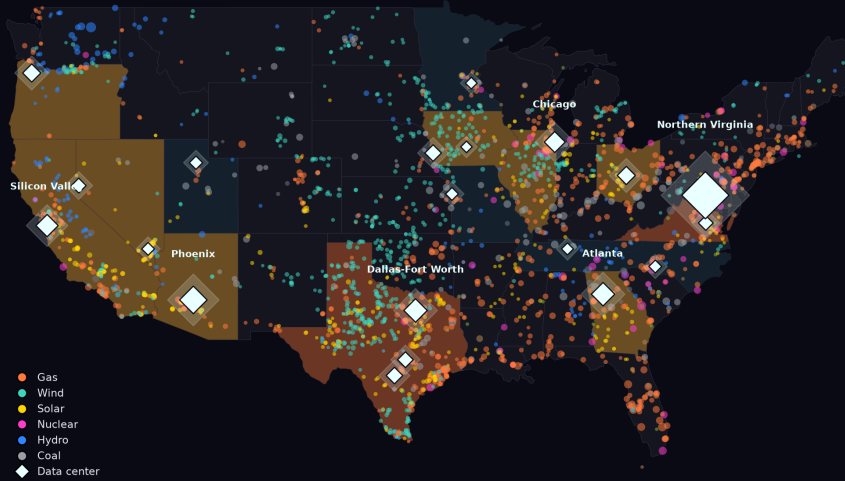
- 1 Demand is outrunning supply.**  
tripled in a decade; 23 GW added vs 226 GW queued in ERCOT.
- 2 A handful of metros dominate.**  
NoVA ~4,040 MW; Dallas & Atlanta each >1 GW.
- 3 Texas is the breakout market.**  
ERCOT's large-load queue jumped 63 -> 226 GW in a year.
- 4 The queue is the real constraint.**  
typical wait is now ~4.5 years to operation.
- 5 Gas and nuclear are back.**  
the data-center SMR pipeline grew 25 -> 45 GW in 2025.
- 6 Behind-the-meter is surging.**  
stalled grids push developers to on-site gas.
- 7 Transmission is the silent blocker.**  
408 GW has an agreement but isn't operational.
- 8 The next wave is moving inland.**  
Ohio gigawatt sites; Atlanta 2,076 MW under construction.

THE CHART THAT EXPLAINS IT

# AI is colliding with the grid

## Generation vs. Demand

Supply: EIA power plants  $\geq 100$  MW (colored by fuel) · Demand: data-center clusters (white) on load-shaded states



Source: U.S. EIA Power Plants ( $\geq 2024$ , public domain); data-center clusters approximate (CBRE/JLL), Gridlas - gridlas.com

Supply is everywhere — but demand concentrates onto specific, already-stressed grids. The full report breaks down all five major markets, the interconnection queues, and a 12-month outlook.

## Get the full report

35+ pages · regional deep-dives · interconnection analysis · companion dataset

Report \$99 · + Dataset \$179 · + Quarterly \$349

[gridlas.com](https://gridlas.com)

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